

Main activity schedule table with columns for months (4月 to 3月) and rows for days (1 to 31). Activities listed include 練習日, 休養日, and 試合 (高体連主催).

Summary table with columns for 内容 (Content) and 日数 (Number of days). Rows include 練習日 (262), 試合 (高体連主催) (19), 試合 (その他主催) (4), and 休養日 (81).